

MARK C. PURCELL, M.ED., PSY.D.

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EDUCATION

California Institute of Integral Studies <i>Clinical Psychology Doctoral Program – APA Accredited</i>	San Francisco, CA
• Doctorate of Psychology. Clinical Psychology with Concentration in Child & Family Therapy.	2006
• Master of Arts. Clinical Psychology. Coursework in Expressive Arts Therapy Certificate.	2004
Harvard Graduate School of Education <i>Department of Human Development & Psychology</i>	Cambridge, MA
• Master of Education. Concentration in Risk & Prevention	1994
Fordham University	Bronx, NY
• Bachelor of Science. Major: Psychology. <i>University Honors Program.</i>	1992

PROFESSIONAL EXPERIENCE

TEACHING EXPERIENCE

National University, John F. Kennedy School of Psychology <i>Master's in Counseling Program – MFT/PCC Specialization</i> <u>Position:</u> Full Professor <u>Position:</u> Associate Professor	San Diego, CA & Online 2023 - present 2019 – 2022
• Core Faculty in Master's in Counseling Program – MFT/PCC Specializations. • Select courses taught include: Foundations in Trauma Treatment, Child and Adolescent Therapy, Practicum, Treatment of Addictions, Psychopathology (See Courses Taught for full list). • Course Lead and Curriculum Developer for select courses: Child & Adolescent Therapy, Group Therapy, Family Therapy. • University Committees: Student Evaluation and Recommendation (CSER), Grants & Research, Persistence/Student Retention.	
John F. Kennedy University <i>Master's in Counseling Program – MFT/PCC Specialization</i> <u>Position:</u> Associate Professor <u>Position:</u> Assistant Professor	Pleasant Hill & San Jose, CA 2017 - 2019 2013 - 2017
• Core Faculty in Counseling Psychology Master's Program. • Select courses taught: Evidence-Based Treatment Approaches (DBT/CBT, Solution Focused/MI, Humanistic); Psychopathology; Child and Adolescent; Family Violence; Community Mental Health; and Mindfulness (See Courses Taught for full list). • Coordinated course schedule and adjunct faculty teaching at the San Jose campus. Coordinated oral and written examinations, and Independent Psychology Master's Degree Program.	
California State University, East Bay – Department of Education and Psychology <i>M.S. in Counseling, Marriage and Family Therapy Option</i> <u>Position:</u> Adjunct Faculty	Hayward, CA 2017 - present
• Instructor for Research Methods, Capstone Project; Advanced Practicum; Family Life Cycle; Family Violence; Aging & Long-term Care • Assist in the coordination of practicums and fieldwork placements for MFT students.	

Holy Names University - Graduate School of Professional Psychology

Concentration in Traumatology and Trauma Treatment

Position: Adjunct Faculty

- Instructor for Trauma Treatment Course as Part of Trauma Specialization Program.

Oakland, CA

2012 - 2015

California Institute of Integral Studies (CIIS) – Graduate School of Counseling Psychology

Concentration in Community Mental Health Program

Position: Adjunct Faculty

- Instructor for Child and Adolescent Therapy; Family Violence; Practicum Placement

2010-2015

San Francisco, CA

The Wright Institute – Graduate School of Counseling Psychology

Counseling Psychology Master's Degree Program

Position: Adjunct Faculty

- Instructor for intensive Family Violence and Partner Abuse courses.

Berkeley, CA

2011- 2015

PROFESSIONAL EXPERIENCE

CLINICAL EXPERIENCE & COMMUNITY MENTAL HEALTH ORGANIZATIONS

Psychotherapy Private Practice

- Private practice psychologist treating children, adolescents and adults.

San Carlos & Pleasanton, CA

2005-present

SRA International

Peer Review and Scientific Management

Position: Scientific Review Officer

- Conduct peer review panels of scientific experts to evaluate proposals for federally funded grants aimed at research and treatment in critical areas of medicine and mental health.

Washington, D.C.

2007-Present

Jewish Family and Children's Services

Parents Place

Position: Child Psychologist

- Conducted comprehensive psychological evaluations to children and adolescents. Provided individual, family, and group therapy.

Palo Alto, CA

2012– 2014

Edgewood Center for Children and Families

Turning Point Full Service Partnership - Wrap Program with San Mateo County Mental Health

Position: Clinical Coordinator

- Clinical supervisor for psychology and MFT/MSW interns at an intensive community-based wrap around program providing comprehensive services to chronically mentally ill adolescents and young adults.
- Developed Dialectical Behavior Therapy (DBT) program, including: train program staff; lead multi-family skills group, develop DBT curriculum; and, lead weekly DBT consultation group.

San Carlos, CA

2007-2012

City College of San Francisco

Office of Contract Education - Title IV-E Foster Care Staff Training

Position: Faculty Member & Training Specialist

- Provide skill-based training to agencies and mental health professionals working with youth and families.

San Carlos, CA

2007-2013

Glide Memorial Services

Supportive Housing Complex, Youth & Family Services Center

Position: Mental Health Supervisor

- Clinical supervisor at a supportive housing complex for individuals and families with multiple diagnoses. (e.g., substance abuse, mental illness, HIV/AIDS, and previous homelessness).

San Francisco, CA

1999-2001

Berkeley, CA

University of California at Berkeley, School of Social Welfare

California Social Work Education Center

Position: Training Specialist & Federal Grant Manager

1998-2000

- Implemented a federal training project to support interdisciplinary collaboration between professionals who serve Child Welfare families in the State of California. .

Buffalo State College of New York

Center for Development of Human Services

Position: Training Specialist

Buffalo, NY

1996-1998

- Contributing author and trainer of the New York State Child Welfare/Child Protective Services Core Training, an intensive five-week skill-based training program for child welfare caseworkers and supervisors.

Queensborough Community College, City University of New York

Liberty Partnerships Program

Position: Director

New York, NY

1994-1995

- Directed an intervention program for 300 at risk youth to succeed in school and enter college.

INTERNSHIP & TRAINING EXPERIENCE

Kaiser Permanente – Department of Psychiatry, Addiction Medicine

South San Francisco, CA

Position: Post-doctoral Fellow in Clinical Psychology – APA Accredited

2006 – 2007

- Provided comprehensive mental health services to adolescents and adults with substance abuse diagnoses. Therapeutic services included: individual, family, couples, and group therapy.

Children’s Hospital Oakland – Division of Developmental and Behavioral Pediatrics

California Institute of Integral Studies Pre-Doctoral Internship

Oakland, CA

Position: Clinical Psychology Intern

2005 – 2006

- Provided comprehensive mental health services to children with severe emotional and behavioral disorders; medical complications; and, developmental and learning disabilities. Services included individual, group, and family therapy; and, comprehensive psychological assessments and evaluations.

Community Health Awareness Council (CHAC)

California Institute of Integral Studies Practicum II Placement

Mountain View, CA

Position: Clinical Psychology Practicum Student

2004-2005

- Provided individual, family, and couples therapy at CHAC’s community mental health clinic and local public schools.

Judge Baker’s Children’s Center/Harvard School of Medicine

Boston, MA

Harvard University Risk & Prevention Practicum Placement

Position: Individual & Pair Therapist

1993-1994

- Provided dyadic therapy to severely emotionally disturbed children and adolescents attending a clinical day treatment program. The therapeutic approach aimed to help clients develop more adaptive social perspectives and relationships.

PROFESSIONAL CERTIFICATION & TRAINING

Licensed Psychologist (PSY 23072) with the California Board of Psychology.

2009 – present

Registered Psychologist with the California Board of Psychology.

2007-2009

Registered Psychological Assistant with the California Board of Psychology

2005-2007

Mindfulness Based Stress Reduction (MBSR) Leader Training (conducted by Bob Stahl, PhD)

2012

Dialectical Behavior Therapy (DBT) Training

2010-2012

UNIVERSITY COURSES TAUGHT

California State University, East Bay – Department of Education and Psychology	Hayward, CA
• MFT Capstone Project	2022-present
• Research Methods for Evidence-based Practice and Advocacy	2022-present
• Family Life Cycle	2017-2024
• Advanced Practicum	2018-present
• Family Violence	2019
• Aging and Long-Term Care	2019
National University	Online
• Foundations in Counseling I & II	2023-present
• Practicum	2025
• Treatment of Addiction	2021-present
• Foundations of Trauma Treatment	2023-present
• Child and Adolescent Therapy	2021-2024
John F. Kennedy University	San Jose & Pleasant Hill, CA
• Mindfulness Based Stress Reduction and Mindfulness Based Psychotherapy	2014-2018
• Specific Theories of Change: Dialectical Behavior Therapy (DBT)	2013-2021
• Specific Theories of Change: Humanistic Therapy & Theory	2015-2021
• Clinical Skills	2018
• Diagnosis and Assessment of Psychopathology	2015-2021
• Family Violence	2015-2018
• Brief Therapy	2015-2020
• Child & Adolescent Diagnosis & Treatment	2015-2021
• Motivational Interviewing with Adolescents	2015-2017
• Marriage and Family Therapy Theories II & III	2014
• Clinical Case Seminar	2013-2019
• Community Mental Health	2013-2015
• Clinical Supervision Group	2011
California Institute of Integral Studies (CIIS)	San Francisco, CA
• Current Issues in Family Protection and Treatment	2010-13
• Therapy with Adolescents and Transition Age Youth (TAY)	2012
• Child and Adolescent Therapy	2012
• Clinical Supervision Group	2011
The Wright Institute	Oakland, CA
• Partner Abuse	2011-13
Holy Names University	Oakland, CA
• Trauma and Transformation	2012 - 13

RESEARCH

Mindfulness and Social Emotional Learning (SEL) with Children and Adolescents

National University

- Developing a research plan with local school districts to test the efficacy of a curriculum for mindfulness and SEL: *Teaching Kids to Pause Cope and Connect: Lessons for Social, Emotional Learning and Mindfulness* (Purcell, M & Glinder, K. 2022. Free Spirit Publishing).

Trauma and Resiliency among Urban Youth Exposed to Community Violence

California Institute for Integral Studies Dissertation Research

- Dissertation research examining the effects of community violence on urban youth including traumatic reactions and resiliency factors. Qualitative data analysis involved coding interviews, identifying common themes, and synthesizing a developmental model of risk and resiliency processes related to community violence exposure.

PUBLICATIONS

1. Purcell, M. & Glinder, K. (2021). *Press the Pause Button: A Mind-Body Guide to Teach Kids Social-Emotional Awareness and Mindfulness* (in press). Free Spirit Publications. Minneapolis, MN.
2. Purcell, M & Murphy, J. (2014) *Mindfulness for Teen Anger: A Workbook to Overcome Anger and Aggression using DBT and MBSR Skills*. New Harbinger Publications. Oakland, CA.
3. Purcell, M (2015) *Pathways of Resiliency and Risk Among Youth Exposed to Chronic Community Violence*. Journal of Psychology and Social Studies.
4. Purcell, M. (2006) *Surviving Inner-City War Zones: Trauma and Resiliency among Urban Youth Exposed to Community Violence*. Doctoral Dissertation, California Institute of Integral Studies. San Francisco, CA.
5. Eismann, E. & Purcell, M. (1992) *Dreamwork with children and adolescents in group therapy*. Journal for Child and Adolescent Group Therapy.

Unpublished Manuscripts

6. *The Specials* (2025). Fictional young adult (YA) dystopian novel about social justice and de-stigmatizing teen mental health.
7. *DBT Skills Group Workbook for Youth and Families* (2009). Unpublished Treatment Manual, Edgewood Center for Children and Families. San Francisco, CA. (Primary Author)
8. *Common Permanency Planning Core Training for Child Welfare Workers* (1999). New York State Child Welfare/Child Protective Service Training Project. (Contributing Author).

PROFESSIONAL PRESENTATIONS

1. *Pathways of Resiliency and Risk Among Youth Exposed to Chronic Community Violence*. International Conference of the Academic Organization for Advancement of Strategic and International Studies. Paris, France. 2015.
2. *Mindfulness & DBT for Anger Management*. American Association of Anger Management Providers. Los Angeles. 2014
3. *Trauma Informed Training for MFT Graduate Programs*. Conference presenter at *Integrating Recovery, Crisis, and Trauma into the MFT Curriculum*. Sponsored by The Bay Area Marriage and Family Therapists Consortium and The Greater Bay Area Mental Health & Education Workforce Collaborative. Oakland, CA. 2011
4. *Behavioral Health Needs of Transitional Age Youth*. Conference Presenter at *Mind the Gap: Effective Strategies for Meeting the Needs of Transition Age Youth*. Hosted by Larkin Street Youth Services. San Francisco, CA. 2008.
5. *The Effects of Urban Youth Violence & Effective Intervention Strategies*. Guest lecturer at California Institute of Integral Studies, Clinical Psychology Doctoral Program. Course: Culture & Community Mental Health. San Francisco, CA. 2008.
6. *Trauma and Resiliency among Urban Youth Exposed to Community Violence*. Presented at Divisional Conference at Children's Hospital and Research Center. Oakland, CA 2006
7. *Social Skills Groups for Youth with Behavior Disorders*. Presented at Pediatric Resident Rounds - Children's Hospital and Research Center at Oakland. Oakland, CA. 2006
8. *Interdisciplinary Training for Professionals in Child Welfare Services*. Presented at the National Conference for Staff Development and Training in Human Services. Seattle, WA. 2000.

PROFESSIONAL MENTAL HEALTH TRAINING CONDUCTED

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| 1. <i>DBT Skills for Counselors and Mental Health Professionals.</i> Edgewood Center for Children and Families. | San Francisco, CA
2012 – 2014 |
| 2. <i>DBT Skills for Medical Social Workers.</i> Lucille Packard, Stanford Children’s Hospital. Department of Social Services | Palo Alto, CA
2011 – 14 |
| 3. <i>Trauma Diagnosis & Treatment.</i> Lucille Packard, Stanford Children’s Hospital. Department of Social Services | Palo Alto, CA
2013 |
| 4. <i>Dialectical Behavior Therapy (DBT) Training.</i> Edgewood Center for Children and Families. Agency-wide two-day intensive skill-based training. | San Francisco, CA
2010 – 12 |
| 5. <i>Identifying Developmental Issues in Young Children.</i> Palo Alto Pre-Schools. Parents Place. | Palo Alto, CA
2013 |
| 6. <i>Understanding ADHD - Parent Workshop.</i> Parents Place. | Palo Alto, CA
2012-13 |
| 7. <i>Managing Challenging Behaviors – Parent Workshop.</i> Parents Place. | San Mateo, CA
2012 |
| 8. <i>Identifying Developmental Issues - Parent Workshop.</i> Parents Place. | Palo Alto, CA |
| 9. <i>Vicarious Trauma.</i> San Mateo Medical Center. | San Mateo, CA
2011 |
| 10. <i>DBT for Clinicians.</i> Alternative Family Services. City College of San Francisco - Title IV-E Foster Care Staff Training. | Oakland, CA
2011-12 |
| 11. <i>Domestic Violence & Impact Upon Youth.</i> Larkin Street Youth Services. City College of San Francisco - Title IV-E Foster Care Staff Training. | San Francisco, CA
2010 |
| 12. <i>Suicide Assessment and Intervention with Foster Care Youth.</i> Alternative Family Services. City College of San Francisco - Title IV-E Foster Care Staff Training. | San Francisco, CA
2010 |
| 13. <i>Trauma-Related Symptoms and Interventions for Foster Care Youth.</i> Alternative Family Services. City College of San Francisco - Title IV-E Foster Care Staff Training. | Oakland, CA
2009 |
| 14. <i>DBT Training for Wrap Support Staff.</i> Edgewood Center for Children and Families. Weekly skill-based training for support staff. | San Carlos, CA
2008-09 |
| 15. <i>DBT Training for Clinicians.</i> Edgewood Center for Children and Families. Weekly clinically oriented skill-based training for clinicians. | San Carlos, CA
2009 |
| 16. <i>Communication Strategies and Strengths-Based Practice.</i> Hickman Homes. City College of San Francisco - Title IV-E Foster Care Staff Training. | San Francisco, CA
2009 |
| 17. <i>Crisis Intervention for High Risk Youth.</i> Larkin Street Youth Services. City College of San Francisco - Title IV-E Foster Care Staff Training. | San Francisco, CA
2009 |
| 18. <i>Working with Challenging Behaviors.</i> SF Boys & Girls Homes. City College of San Francisco - Title IV-E Foster Care Staff Training. | San Francisco, CA
2009 |
| 19. <i>Anger Management.</i> Walden House Adolescent Services. City College of San Francisco - Title IV-E Foster Care Staff Training. | San Francisco, CA
2009 |
| 20. <i>Clinical Case Management.</i> Family Support Services. City College of San Francisco - Title IV-E Foster Care Staff Training. | San Francisco, CA
2008-09 |

21. <i>Substance Abuse & Dual Diagnosis</i> . San Francisco Court Appointed Special Advocates (CASA). City College of San Francisco - Title IV-E Foster Care Staff Training.	San Francisco, CA 2008
22. <i>Positive Discipline & Behavior Management</i> . Walden House. City College of San Francisco - Title IV-E Foster Care Staff Training.	San Francisco, CA 2008
23. <i>Adolescent Mental Health Issues</i> . New Directions. City College of San Francisco - Title IV-E Foster Care Staff Training.	San Francisco, CA 2008
24. <i>Team Building</i> . Independent Living Skills. Independent Living Skills. City College of San Francisco - Title IV-E Foster Care Staff Training.	San Francisco, CA 2008
25. <i>Conflict Resolution</i> . San Francisco Court Appointed Special Advocates (CASA). City College of San Francisco - Title IV-E Foster Care Staff Training.	San Francisco, CA 2008
26. <i>Communication Skills & Strengths-Based Practice</i> . Family Support Services. City College of San Francisco - Title IV-E Foster Care Staff Training.	San Francisco, CA 2008
27. <i>Learning & Developmental Disabilities</i> . Family Support Services. City College of San Francisco - Title IV-E Foster Care Staff Training.	San Francisco, CA 2008
28. <i>Interdisciplinary Concurrent Planning for Child Welfare Professionals</i> . University of California at Berkeley, School of Social Welfare: California Social Work Education Center.	Riverside, CA 2000
29. <i>New York State Child Welfare/Child Protective Services Core Training</i> . Buffalo State College: Center for Development of Human Services.	Albany, NY 1997

PEER REVIEW PANELS

1. <i>Psychological Health – Military Operations & Medical Research (MOMRP) of the Dept. of Defense (DOD)</i>	2024
2. <i>Autism Research Program – Translating Research. Congressionally Directed Research Program (CDMRP) for the Department of Defense (DOD)</i>	2025
3. <i>Alzheimer’s Research Program. CDMRP</i>	2025
4. <i>Cancer Research Program – Patient Well Being and Survivorship. CDMRP</i>	2024
5. <i>Care Utilization - Defense Medical Research and Development Program (DMRDP) for the DOD</i>	2024
6. <i>Epilepsy Research Program – Quality of Life Research Award. CDMRP</i>	2023
7. <i>Amyotrophic Lateral Sclerosis (ALS) Research Program. CDMRP</i>	2022
8. <i>Traumatic Brain Injury (TBI) Research Program - Psychological Health. CDMRP</i>	2021
9. <i>Behavior Health Science Research Award. Peer Review Cancer Research Program. CDMRP/DOD.</i>	2019-2022
10. <i>Suicide Prevention; Chronic Fatigue Syndrome. Peer Review Medical Research Program (PRMRP). CDMRP/DOD</i>	2020
11. <i>ALS Research Program. Therapeutic Idea Award. CDMRP/DOD</i>	2020
12. <i>Psychology, Cognition, and Neuroscience. Defense Medical Research and Development Program (DMRDP) for the DOD.</i>	2019
13. <i>Eating Disorders; Hydrocephalus. PRMRP. CDMRP/DOD</i>	2019
14. <i>Autism Research Program. Clinical Translation Award. CDMRP/DOD</i>	2018
15. <i>Pain Management; Sleep Disorders; and PTSD Peer Review Panels. DMRDP/DOD</i>	2018
16. <i>Early Education and Intervention. Institute of Education Science (IES)</i>	2014-2018
17. <i>Autism Research Program. Idea Development Award and Synergistic Idea Awards. CDMRP/DOD.</i>	2008-2021
18. <i>Neurodevelopmental Disorders; Eating Disorders Peer Review Panels. Peer Review Medical Research Program (PRMRP) for the Department of Defense (DOD).</i>	2017
19. <i>Neuroplasticity. Parkinson’s Research Program. CDMRP/DOD.</i>	2017
20. <i>Quality of Life. Alzheimer’s Research Program. CDMRP/DOD.</i>	2016
21. <i>Pediatric Brain Tumors. Peer Review Cancer Research Program. CDMRP/DOD.</i>	2016
22. <i>Sleep Disorders. PRMRP/DOD.</i>	2015

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| 23. <i>Chronic Migraine and Posttraumatic Headache. PRMRP/DOD.</i> | 2015 |
| 24. <i>Psychotropic Medications. PMRP/DOD.</i> | 2015 |
| 25. <i>Traumatic Brain Injury Research Program: Diagnosis and Treatment. DMRDP/DOD.</i> | 2010, 2013 |
| 26. <i>Identification and Differentiation of Traumatic Brain Injury and Posttraumatic Stress Disorder in OEF/OIF Veterans. Veterans Affairs Medical Center - War-Related Illness and Injury Study Center.</i> | 2011 |
| 27. <i>Psychological Health and Traumatic Brain Injury Research Program: Biology and Neuroscience. CDMRP/DOD</i> | 2009 |
| 28. <i>Autism Research Program: Autism Research Award. CDMRP/ DOD.</i> | 2009 |
| 29. <i>Autism Research Program: Synergistic Idea Award. CDMRP/ DOD.</i> | 2008 |
| 30. <i>Psychological Health and Traumatic Brain Injury Research Program: Posttraumatic Stress Disorder (PTSD) Treatment and Intervention. CDMRP/ DOD.</i> | 2007 |

PUBLICATION LINKS

1. Purcell, M & Glinder, K. (2022) *Teaching Kids to Pause, Cope, and Connect*. Free Spirit Publishing. Minneapolis, MI. <https://www.amazon.com/Teaching-Kids-Pause-Cope-Connect/dp/1631983474>
2. Purcell, M & Murphy, J. (2014) *Mindfulness for Teen Anger: A Workbook to Overcome Anger and Aggression using DBT and MBSR Skills*. New Harbinger Publications. Oakland, CA. <https://www.amazon.com/Mindfulness-Teen-Anger-Workbook-Aggression/dp/1608829162>
3. Purcell, M (2015) *Pathways of Resiliency and Risk Among Youth Exposed to Chronic Community Violence*. Journal of Psychology and Social Studies. URL: <http://www.drmarkpurcell.com/books.html> (Listed under *Other Publications*)
4. Eismann, E. & Purcell, M. (1992) *Dreamwork with children and adolescents in group therapy*. Journal for Child and Adolescent Group Therapy. URL: <http://www.drmarkpurcell.com/books.html> (Listed under *Other Publications*)